Food Banks Serving Seattle and King County

Updated December 2009 Contact: Fe Arreola, or Edwin Obras Seattle Human Services Department (206) 684-0281 or (206) 684-0419

Food Bank	Regular Distribution	Commodities Distribution	Other Services/
	Days/Hours of Operation/	Days/Hours of Operation/	Requirements
	Geographic Area Served	Geographic Area Served	
Asian Counseling & Referral	Disabled/Special Needs	No commodities	Baby Cupboard
Service/International District Food	Wednesday		Photo I.D.
Bank	11:30 p.m. until food runs out		Wheelchair ramp available
919 South King Street			•
Seattle, WA 98104	General Public Friday		
Mailing Address: 3639 Martin Luther King Wy S	11:30 a.m. until food runs out		
Seattle, WA 98144	Serves all : general public		
Coordinator: Karen Jackel E-mail: karenj@acrs.org	Bus Routes #7, #14, #36		
Phone: (206) 292-5714			
(206) 695-7542			
Fax: (206) 695-7606			

Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
Ballard Food Bank 7001 24th Avenue NW Seattle, WA 98117 Coordinator: Peggy Bailey, Nancy McKinney Phone: (206) 789-7800 Fax: (206) 789-3823	Emergency Services/Clothing Tuesday, Wednesday & Thursday 11 a.m 3 p.m. Regular Food Bank Wednesday & Thursday 11 a.m 3 p.m. Monday evenings Our Redeemers Church NW 85 th Street 4:30 p.m 6:30 p.m. Serves all of 98107 and 98117; most of 98199 (from Shilshole up to 100th NW, over to 15 th , down to 85 th to 8 th NW, down to 65 th , over to 3 rd NW and down to the water); all of Magnolia	No commodities	 Baby Cupboard Proof of address required Wheelchair accessible Children's clothing, hygiene bar Home Deliveries to limited area's Free client phone & mailing address
Beacon Avenue Food Bank Bethany United Church of Christ 6230 Beacon Avenue South Seattle, WA 98108 Administrator: Gretchen Tryon E-mail: sgtryon@juno.com Phone: (206) 722-5105	Bus Routes #18, #62, #75 Wednesday &Friday 12 p.m. – 2 p.m. May come once a week Bus Routes #36 (non-trolley bus)	No commodities	 Baby Cupboard, 3rd Wed and Friday of each month, Noon - 2 p.m. (must provide proof of existence of baby) Birth certificate Original State Identification card Proof of address, I.D.

Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
Blessed Sacrament Food Bank 5050 Eighth N.E. Seattle, WA 98105 Coordinator: John Morford E-mail: jmorf1933@comcast.net Phone: (206) 930-6005	Friday 10:30 a.m. – Noon 98103 (part), 98105 (part), 98115 (part) Bus Routes #66, #67	No commodities	 Proof of address required Meals every Sunday, Noon - 2 p.m. (all are welcome)
CAMP Food Bank 722 18th Avenue Seattle, WA 98122 Assistant Program Director: Leon Garnett Phone: (206) 812-4956 Fax: (206) 328.8138	General Public Wednesday Noon – 4:00 p.m. Thursday, 9:00 a.m. – 1:00 p.m. Friday, 9:00 a.m. – 1:00 p.m. 98102, 98112, 98122 Bus Routes #3, #4	With regular distribution, part of 98102, all of 98112 and 98122	 Baby Cupboard Emergency bags available Mon. and Tues. Wheelchair accessible building, restrooms
Cherry Street Food Bank/ Northwest Harvest 711 Cherry Street Seattle, WA 98104 Mailing Address: P.O. Box 12272 Seattle, WA 98102 Phone: (206) 625-0755 Fax: (206) 625-7518	Monday & Wednesday 9:00 a.m. – 5:30 p.m. Tuesday & Friday (bread & produce) 9:00 a.m. – 5:00 p.m. Thursday (baby food & formula) 9:00 a.m. – 5:00 p.m. Bus Routes #3, #4	No commodities	 Baby Cupboard, Thursday 9:00 a.m 4:30 p.m. Must bring baby, birth certificate, or medical coupons to prove existence of baby. No other restrictions or requirements.

Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
Chicken Soup Brigade Lifelong AIDS Alliance 1002 East Seneca Seattle, WA 98122 Coordinator: Mike Cox	Deliveries Thursday 3:30 - 7:00 p.m. Grocery pick-up Friday 9:00 a.m 6:00 p.m.	Third Friday of every month 9:00 a.m 6:00 p.m. Pick-up grocery center for eligible clients.	 Home-delivered meals and groceries, and other support services. King County residents with HIV/AIDS and other life challenging illness; must be a
Phone: (206) 957-1662 Fax: (206) 325-2689 E-mail: mikec@llaa.org	Saturday 10:00 a.m. – 1:00 p.m. Bus Routes #2, #12		Chicken Soup Brigade client.
Downtown Food Bank 1531 Western Seattle, WA 98101	Age 55+ Tuesday 10:00 a.m 1:00 p.m.	General Public 3rd Wednesday 10:00 a.m 1:00 p.m.	 Proof of address, I.D. Restrooms & parking Baby Cupboard Limited homebound delivery
Coordinator: Matthew Brouwer Phone: (206) 626-6462 Fax: (206) 727-4849	General Public Thursday 10:00 a.m 1:00 p.m.	98101, 98102, 98104, 98109, 98119, 98121, 98122, 98199 (south parts)	2 Emitted nonicodalid derivery
E-mail: matthew.brouwer@pmsc-dtfb.org	98101, 98102, 98104, 98109, 98119, 98121, 98122, 98199 (south parts) Bus Routes #3, #4, #14, #7, #2, #13, #36.		
(Pike Market Senior Center-downfood bank)	Most all buses come within a couple of blocks of downtown		

Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
El Centro de la Raza Food Bank 2524 16th Avenue South Seattle, WA 98144 Coordinator: Graciela Gonzalez Phone: (206) 329-7960 Fax: (206) 328-2730	Wednesday 3:30p.m. – 6:30 p.m. (proof of employment—check stub, etc.) Thursday 9:00 a.m. – Noon., Seniors 1:00 p.m. – 3:30 p.m. Families Friday 2:00 p.m. – 4:00 p.m. 98108, 98144 Bus Routes #36, #60	On the second and third Mondays of each month from 2:00PM – 4:00PM Zip codes: 98144 (partial), 98108	 Baby Cupboard Deliveries to seniors/homebound Multi-service center offering housing, job assistance & other services Wheelchair accessible building, restrooms & parking TTY
Emergency Feeding Program of Seattle and King County 2615 South Jackson Street Seattle, WA 98144 Mailing Address: P.O. Box 18877 Seattle, WA 98118 Operations Manager: Brian Anderson Phone: (206) 329-0300 Fax: (206) 860-8200 E-mail: info@emergencyfeeding.org	Monday-Friday Call 329-0300 for referral to nearby agency. Serves all ofKing County For bus routes to sites, call Metro Rider Information Line at (206) 533-3000.	No commodities	 Referrals to 130 food distribution sites in King County for people who are having an immediate need for food, with special needs. Diabetic, low-sodium, Asian, Latino, East African diet, homeless (no cook), teen snack pack (homeless teens & youth), liquid diet, and infant foods available.

Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
FamilyWorks Food Bank 1501 N. 45th St. Seattle, WA 98103 Mailing Address: PO Box 31112 Seattle, WA 98103 Manager: Ms. Ava Dowell Phone: (206) 694-6723 Fax: (206) 694-6777 E-mail: avad@familyworksseattle.org	Seniors/Persons with Disabilities: Tuesday, 11:00 a.m. – 1:00 p.m. General Public: Thursday, 2:00 - 5:00 p.m. Friday, 11:00 a.m. – 1:00 p.m. 98103, 98107, 98115, 98133 Bus Routes #44, #16,	Third Saturdays 10:00 a.m Noon Partial 98103 and 98107 Call (206) 694-6723 for boundaries	 Baby Cupboard Proof of address & I.D. Wheelchair accessible building, restrooms & parking TTY WIC on site Thursdays Computer assistance (by appoint. Only) Employment counseling (by appoint. Only) Teen Parenting Tutoring Program Playgroups Call Resource Center for monthly activity calendar (206) 694-6727
Immanuel Community Services Food Bank 1215 Thomas Seattle, WA 98109 Coordinator: Bill Elder Phone: (206) 622-1930 (church)	Last two Fridays of every month 9:30 a.m. – 11:00 a.m. In November it is the 3 rd Friday and the Wed. bedfore Thankgiving. And in December it is the last 2 Fridays. All Welcome. No Zip Code Requirement. Bus Routes #70, #71, #72, #73,& #74	No commodities	Special arrangements can be made for people in wheelchairs to pick up food.

Food Bank	Regular Distribution	Commodities Distribution	Other Services/
	Days/Hours of Operation/	Days/Hours of Operation/	Requirements
	Geographic Area Served	Geographic Area Served	
Jewish Family Service 1601 16th Avenue Seattle, WA 98122 Coordinator: Derek Wertz Phone: (206) 461-3240 ext. 3174 Fax: (206) 461-3696 E-mail: dwertz@jfsseattle.org	Wednesday, Friday 10:00 – 11:45 a.m. Thursday 2:00 – 3:45 p.m. Closed all Jewish holidays also Christmas Day and New Years Day 98101, 98121, 98122, 98112, 98112 & all members of the Jewish faith Bus Routes #2, #7, #10, #11, #12	No commodities	 Kosher foods available No area restrictions for members of the Jewish faith I.D. & proof of address required for non-Jewish clientele Wheelchair accessible Baby Cupboard

Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
North Helpline Lake City Food Bank 12736 33 th Avenue NE Seattle, WA 98125 P.O. Box 25875 Seattle, WA 98165 Director: Amy Besunder Food Bank: (206) 367-3477 Helpline: (206) 365-8043 Fax: (206) 367-4284 E-mail: foodbank@northhelpline.org	Disabled and over 65 Saturdays 9: 30 – 11:30 a.m. General Public Saturdays Noon – 2:00 p.m. Wednesday 10:00 a.m. – 1:30 p.m. 98115, 98133, 98125, 98177, 98155 Bus Routes: 41, 64, 65, 72, 75, 79, 243, 306, 307, 308, 312, 372, 522	Entire 98125 zip during regular distribution	 Proof of address, identification Baby Cupboard 1st Saturdays and following week Information and referral to other social service agencies Funds to prevent evictions and utility shut-offs Bus Tickets Emergency food given Tues, Wed., and Thurs. 10:00 a.m1:30 p.m. RotaCare Free Medical Clinic Saturdays 10:00 a.m. – 1:00 p.m.
Paradise of Praise Food Bank 1316 SW Holden Street Seattle, WA 98106 Director: Reverend Bill Demps Phone: (206) 768-2745	Tuesday 10:00 a.m. – Noon Bus Routes 23, 85, 125, 128	No commodities	One visit per week

Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
Phinney Ridge Food Bank 7500 Greenwood Avenue N. Seattle, WA 98103 Mailing Address: 7500 Greenwood Avenue N. Seattle, WA 98103 Coordinator: Sally Thompson Phone: (206) 784-7964 Fax: (206) 783-4614 E-mail: seattlesally2000@yahoo.com	Tuesday & Thursday 2:00 - 3:00 p.m. Wednesday & Thursday 7:00 - 8:00 p.m. 98103, 98107, 98117, 98125, 98133, 98177 Also, will serve any one who can get here Bus Route #5	No commodities	 Infant supplies Proof of address Distribution by appointment only Can pick up food every two weeks Wheelchair accessible Call for appointment between 1-3 p.m. Monday, Tuesday, Wednesday
Providence Regina House 8201 10 th Avenue South #6 Seattle, WA 98108 Coordinator: Paige Collins Phone: (206) 763-9204 E-mail: Paige.collins@providence.org	Saturday 10:00 a.m. – Noon South Park Neighborhood, primarily 98108 and 98168 Bus Routes #130, #132	Saturday 10:00 a.m. – Noon 98108 zip code (South of Hwy 509 and Duwamish River, North of 116 th Street)	 Baby Cupboard Clothing bank Toddler bags Holiday Adopt-a-Family Program Proof of area residency for TEFAP

Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
Puget Sound Labor Agency AFL-CIO 2800 First Avenue, Room 122-130 Seattle, WA 98121 (on 1 st between Broad & Clay) Mailing Address: 2800 1st Avenue, Room 122-130 Seattle, WA 98121 Coordinator: Steve Fox Phone: (206) 448-9277 Fax: (206) 448-3457 E-mail: psla@pslaonline.org	Monday and Friday 8:00 a.m. – 1:00 p.m. 98101, 98104, 98109, 98111, 98119, 98121, 98134, 98199 Bus Routes #15, (#18 local), #1, (#2 local)	Commodities available	 Wheelchair accessible building Baby Cupboard Closed on Holiday Open to current union members and their families
Rainier Valley Food Bank 4205 Rainier Avenue South Seattle, WA 98118 Director: Sam Osborne Phone: (206) 723-4105 Fax: (206) 723-3528 E-mail: info@rvfb.org	Seniors/Disabled Wednesday 9:30 a.m 2:00 p.m. General Public Saturday 9:30 a.m 2:00 p.m. Homebound Only Friday 9:00 a.m 11:00 a.m. 98102, 98108, 98118, 98122, 98144, 98178. All areas Bus Routes #7, #9	No commodities	 Homebound deliveries on Thursdays I.D. required

Food Bank	Regular Distribution	Commodities Distribution	Other Services/
	Days/Hours of Operation/	Days/Hours of Operation/	Requirements
	Geographic Area Served	Geographic Area Served	
Salvation Army Food Bank	Monday - Friday	No commodities	Baby Cupboard
1101 Pike Street	9:00 – 11:30 a.m. & 1:00 - 3:00 p.m.		 Proof of address, ID for all
Seattle, WA 98101	00101 00102 00104 00100 (6		household members
Coordinatory Comp Doddon	98101, 98102, 98104, 98108 (from		 1 emergency food bag a
Coordinator: Gary Redden Phone: (206) 447-9944	Georgetown to Downtown Seattle), 98109, 98112, 98118 (from So. Park to		month.
Fax: (206) 447-9944 Fax: (206) 442-8366	White Center), 98119, 98121, 98122,		
Fax. (200) 442-8300	98134, 98144		
E-mail:	90134, 90144		
garyredden@usw.salvationarmy.org	Bus Routes #10, #11, #14, #43, #49		
garyreaden@usw.sarvatronarmy.org	Dus Routes #10, #11, #14, #43, #47		
Salvation Army White Center	Monday, Wedesday & Friday		For emergency food box must
9050 – 16 th Avenue SW, 98106	1:00 – 2:00 p.m.		register once a year for this.
,	•		Also, must bring proof of
Mailing Address:	Tuesday - Emergency food box (each		income, family size and address.
PO Box 46333	client can get one emergency food box		, , ,
Seattle, WA 98146	once a month.)		
Coordinator: Bill Talbot	98106, 98108(only South Park), 98116,		
N (200) 767 2150 102	98126, 98136, 98146, 98148,		
Phone: (206) 767-3150 x 102	98158, 98168, 98188, 98198(partial –		
Fax: (206) 767-9548 E-mail:	north of 216)		
bill.talbot@usw.salvationarmy.org			
Seattle Indian Center	Tuesday & Thursday	No commodities	• Daha Camba and
611 12th Avenue South	1:30 – 3:30 p.m.	No commodutes	Baby Cupboard
Seattle, WA 98144	1.30 3.30 p.m.		• I.D. required
	Bus Route #7, #8, #14, #36, #60		Wheelchair accessible building
Coordinator: Angela Jensen	,,,,		No restrooms
			 No parking
Phone: (206) 329-8700			
Fax: (206) 328-5983			
E-mail:			
accounting@seattleindiancenter.org			

Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
Spiritual Miracles Food Bank 12600 Renton Avenue South Seattle, WA 98178 Director: Cheryl Johnson Phone: (206) 380-6237 Fax: (206) 772-3336 E-mail: ministerckj111@msn.com	General Public Monday 5:15 – 7:00 p.m. Thursday 5:15. – 7:00 p.m.	No commodities	Please bring your own bag Please ID, with current address or a piece of mail with address
St. Vincent de Paul Food and Clothing Bank 5972 Fourth Avenue South Seattle, WA 98108 Coordinator: Pete O'Brien Phone: (206) 767- 9975 ex:120 Fax: (206) 767-6439 E-mail: PeteO@svdpseattle.org	Tuesday and Thursday 11:00 a.m. – 2:00 p.m. 98108, 98134,98168, 98178, 98188 Bus Routes #23, #136, #137, #174	North Dearborn at Elliott Bay, East to I-5; South to Charlestown; Charlestown east to 32 nd Avenue South East: 32 nd Avenue South to I-5 South: Kenyon Street at the Duwamish River, east to 32 nd Street West: Duwamish Waterway at 509 N to the West Waterway (includes Harbor Island) North to Elliott Bay	 Clothing Bank Baby Cupboard Household items Wheelchair accessible building and restrooms. Special arrangements can be made for wheelchair accessible parking.

Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
The Food Bank @ St. Mary's Walk-in Food Bank 611 – 20 th Avenue South Seattle, WA 98144 Coordinator: Kate Maughan Phone: (206) 324-7100 x21 Fax: (206) 329-4596 E-mail: stmaryfb@yahoo.com	Tuesday, Thursday, Saturday 10:00 a.m. – 1:00 p.m. Walk-in food bank available to all Seattle residents Bus route #14	Commodities with regular distribution for east half of 98144 Seattle city limits	 Baby Cupboard—first full week of the month Hygiene products—last full week of the month Toddler bags Wheelchair accessible building and parking Please bring I.D. and bag for groceries No cook bags
The Food Bank @ St. Mary's Home Delivery Service 611 – 20 th Avenue South Seattle, WA 98144 Coordinator: Kate Maughan Phone: (206) 324-7100 x21 Fax: (206) 329-4596 E-mail: stmaryfb@yahoo.com	Deliveries are made Wednesday from 10:00 a.m. to 5:00 p.m. to homebound seniors and individuals who live in the Central Seattle area. 98104, 98122, 98112 Bus route #14		
University District Food Bank 1413 N.E. 50 th Seattle, WA 98105 Mailing Address: 4731 15th N.E. Seattle, WA 98105 Coordinator: Joe Gruber Phone: (206) 523-7060 Fax: (206) 527-1990 E-mail: udfb@udistrictfoodbank.org	Monday, Wednesday, Friday 10:00 a.m. – 3:00 p.m. Tuesday, Thursday 3:00 – 8:00 p.m. 98102, 98103, 98105, 98112, 98115, 98125 Bus #70, #71, #72, #73, #74, #48	Same as regular hours Commodities given out to zip codes 98105, 98115, 98125 only	 Baby Cupboard Proof of address, I.D. Special arrangements can be made for people in wheelchairs to pick up food in alley access

Food Bank	Regular Distribution Days/Hours of Operation/ Geographic Area Served	Commodities Distribution Days/Hours of Operation/ Geographic Area Served	Other Services/ Requirements
Volunteers of America Greenwood Food Bank 9747 Greenwood Ave. North Seattle, WA 98103 Coordinator: Sharon Sykes Phone: (206) 782-6731 (425) 252-9052 E-mail: gree@voaww.org	General Public Tuesday 2:00 – 6:00 p.m. Wednesday 11:30 – 1:00 p.m. for disabled persons 1:00 p.m. – 4:00 p.m. general public Friday 12:00 p.m. – 4:00 p.m. Parts of 98103, 98117, 98133, All of 98177 Call (206) 782-6731 for specific boundary eligibility Bus Route #5	Commodities General Public All month long during regular food bank hours. Northwest area of Seattle-King County. Call (206) 782-6731 for specific boundary eligibility	 Baby Cupboard Proof of address, Photo ID, Proof of people in home Home deliveries for disabled Wheelchair accessible bldg. & parking Toddler bags
West Seattle Food Bank 3419 SW Morgan Street Seattle, WA 98126 Coordinator: Fran Yeatts Phone: (206) 932-9023 Fax: (206) 938-8623 E-mail: fran@westseattlefoodbank.org	Seniors Tuesday 9:30 a.m 11:00 a.m. General Public Wednesday 4:00 - 7:00 p.m. or Thursday 10:00 a.m 1:00 p.m. 98106, 98116, 98126, 98136 Bus Routes #21, #22, #54, #55, #37	With regular food distribution 98116, 98106, 98126, 98136 (West Seattle area north of Roxbury Street)	 Baby Cupboard during distribution Toddler bags Proof of address Wheelchair accessible building Some homebound delivery available to seniors/disabled in W. Seattle

King County Food Banks

Food Bank	Regular Distribution Days/Hours of Operation/Geographic Area Served	Commodities Distribution Days/Hours Of Operation/Geographic Area Served	Other Services/Requirements
Algona/Pacific Food Pantry 603 Third Avenue SE Pacific, WA 98047 Coordinator: Mark Gause Phone: (253) 351-0450	Tuesday 11:00 a.m. to 2:00 p.m.		 Well Child Clinic Toys at Christmas Pre-school for 3-5yrs olds
Auburn Food Bank, The 930 18 th Place N.E. Auburn, WA 98002 Mailing Address: P.O. Box 464 Auburn, WA 98002 Coordinator: Debbie Christensen	Monday, Tuesday, Thursday, Friday 9:00 a.m 1:15p.m. Second Wednesday 4:30 p.m 6:30 p.m. Second Saturday - Senior Deliveries Auburn School District Metro Bus Routes #150	Monday, Tuesday, Thursday and Friday 9:00 a.m 1:15p.m. Second Wednesday 4:30 - 6:30 p.m. Second Saturday - Senior Deliveries Auburn School District	 Current proof of address, photo I.D. Emergency financial assistance with proof of need only on the last day of each month
Phone: (253) 833-8925 E-mail: debbiec@theauburnfood.org			

Food Bank	Regular Distribution Days/Hours of Operation/Geographic Area Served	Commodities Distribution Days/Hours Of Operation/Geographic Area Served	Other Services/Requirements
Black Diamond Community Center Food Bank 31605 Third Avenue Black Diamond, WA 98010 Mailing Address: P.O. Box 480 Black Diamond, WA 98010-0480 Coordinator: Judith Black Phone: (360) 886-1011 Fax: (360) 886-8947 E-mail: bdcc-admin@qwest.net	Monday-Friday 8:00 a.m. – 4:30 p.m. Maple Valley-Black Diamond and Enumclaw Residents – Ravensdale	Can goods and dry goods and sometime bread products	 Puget Sound Engery Assistance Program through the Salvation Army for Low-Income Residence Emergence clothing bank Information and referrals Various senior citizens & youth program
Des Moines Area Food Bank Des Moines Methodist Church 22225 Ninth Avenue South Des Moines, WA 98198 Mailing Address: P.O. Box 98788 Des Moines, WA 98198-0788 Coordinator: Chris VanGasken Phone:: (206) 878-2660 Fax: (206) 878-2661	Monday, Wednesday, Friday 9:00 – 11:45 a.m. 3 rd Tuesday 6:00pm – 8:00pm. Des Moines, most of Sea-Tac and West Hill of Kent (call for street information) 98166, 98148, 98168, 98188, 98198 (serve all), 98032 (the rest partial) Bus Routes: #131, #132	Monday, Wednesday, Friday 9:00 – 11:45 a.m. and also in the evening 3 rd Tuesday 6pm – 8pm Des Moines, Sea-Tac and West Hill of Kent (call for street information)	 Low-income, photo I.D. for all adults and medical coupons/Social Security cards required for all children Proof of address Closed all legal holidays

Food Bank	Regular Distribution Days/Hours of Operation/Geographic Area Served	Commodities Distribution Days/Hours Of Operation/Geographic Area Served	Other Services/Requirements
Edmonds Food Bank (Carol Rowe Memorial Food Bank) Edmonds United Methodist Church 828 Caspers Street Edmonds, WA 98020 Coordinator: Peggy Kennedy Phone: (425) 778-5833 Mon – Tues; (425) 778-2119 Wed – Fri Fax: (425) 778-3431	Students and people with Disablities that are Edmonds residents Tuesday: 9:30am – 10:00 a.m. Edmonds Residents Only Tuesday: 10:00 – 11:00 a.m. People with disabilities who are not Edmonds residents Tuesday: 11:00 a.m. – 11:30a.m General Public Tuesday: 11:30 – 12noon		
Emergency Feeding Program- Eastside/Bellevue 2650 148 th Avenue SE Bellevue, WA 98007 Mailing Address: PO Box 18877 Seattle, WA 98118 Coordinator: Brian Anderson Phone: (425) 653-1652 Fax: (206) 860-8200	Call 425-653-1652 for referral to nearby distribution centers in Bellevue, Kirkland,Redmond, and Bothell, Monday-Friday All of Eastside Call Metro Rider Information Line for bus routes, (206) 553-3000	No commodities	 Referrals to Eastside distribution sites for people without food Diabetic, low-sodium Latino, Asian, homeless (no cook), teen snack pack (for homeless teens), liquid diet. infant foods, food packs for vegan and lactose intolerant diets are also available

Food Bank	Regular Distribution	Commodities Distribution Days/Hours Of	Other Saminas (Paguinaments
	Days/Hours of	Days/Hours Of	Services/Requirements
	Operation/Geographic Area	Operation/Geographic Area	
	Served	Served	
Enumclaw Kiwanis Food Bank	Monday, Tuesday & Wednesday	Monday, Tuesday & Wednesday	Current utility bill and picture
1350 Cole Street	9:00 – 11:45 a.m.	9:00 – 11:45 a.m.	I.D.
Enumclaw, WA 98022			Closed Dec. 20-Jan. 3
	Enumclaw School District #216,	Enumclaw School District #216,	
Coordinator: Lawton Case	including Black Diamond, Selleck,	including Black Diamond	
	Greenwater		
Phone: (360) 825-6188		98010, 98022, 98048, 98051	
	98010, 98022, 98048, 98051		
	Pros Poreto #015		
E-11WE1D1/M14	Bus Route #915	Mar Wal 0 Ed	5 0 0 11 111 1
Federal Way Food Bank/Multi-	Disabled	Mon, Wed, & Fri	• Proof of address within the
Service Center 1200 S 336 th Street	Mon, Wed, & Fri 9:30 – 10:00 a.m.	10:00 a.m. – 2:00 p.m.	last 30 days (utility bill, or
	9:30 – 10:00 a.m.		medical coupon)
Federal Way, WA 98003	General Public	00002 00022 months of 00001 and 00022	• Social Security card for first
Mailing Address	Mon, Wed, & Fri	98003, 98023, parts of 98001, and 98032, 98422,includes Federal Way School	visit, if available
Mailing Address P.O. Box 23699		District, except Redondo and Woodmont	 ID and Social Security card
Federal Way, WA 98093	10:00 a.m. – 2:00 p.m.	_	for everyone in the home
redefal way, wA 96093	Working Families	areas	 Clothing bank serves all
Coordinator: Terri Turner	Working Families Every Fourth Thursday		South King County residents,
Coordinator. Terri Turner	5:00 – 6:00 p.m. (except Nov. & Dec.)		Mon., Wed., & Fri., 10:00 a.m.
Phone: (253) 838-6810 (center)	3.00 – 0.00 p.m. (except Nov. & Dec.)		- 1:15 p.m.
Fax: (253) 874-7831	98003, 98023, parts of 98001, and		 Bring bags or boxes to carry
E-mail: territ@multi-	98032, 98422		food
servicecenter.com	Federal Way School District,		
Service center. com	Except Woodmont & Redondo		
	Areas; call if unsure		
	ricus, can ii unsurc		
	Bus Route #182		

Food Bank	<u>Regular Distribution</u> Days/Hours of Operation/Geographic Area	Commodities Distribution Days/Hours Of Operation/Geographic Area	Other Services/Requirements
	Served	Served	
Highline Area Food Bank 18300 4th Avenue South Seattle, WA 98148 Coordinator: Mike Werle Phone: (206) 433-9900	Tuesday 12:00 - 2:30 p.m. Thursday 10:00 a.m. – 12:30PM Second Tuesday in the month from 5:30PM – 7:00PM W - Puget Sound, E - Military Road and International Avenue, S - 192 nd Street, N - 140 th Street; N-116 th ; East of 1 st to Tukwila	Tuesday 12:30 - 2:30 p.m. Thursday 10:00 a.m Noon W - Puget Sound, E - Military Road and International Avenue, S - 192 nd Street, N - 140 th Street	 Picture I.D. & utility bill less than two months old Medical coupons, Social Security cards or school records for all dependents
** ** ** ** ** ** ** ** ** ** ** ** **	Bus Routes #130, #132		
Hopelink Bellevue 14812 Main Street	1 st & 3 rd Tuesday of each month – disabled and senior 10:00 a.m. – 1:30	Commodities distribution once a month. Call for date and time.	Proof of address: Bellevue, Name of the Manage Library.
Bellevue, WA 98007	p.m.	Can for date and time.	Newcastle, Mercer Island residency
Coordinator: Gerald W. Wright Phone: (425) 943-7555 Fax: (425) 653-3746	2 nd & 4 th Tuesday of each month – Evening food (4:30pm – 7pm) – College students and working parents 1 st and 3 rd Thursday of each month from 10:30-1:00PM – last names from A-L 2 nd and 4 th Thursay of each month from 10:30 – 1:00PM last names from M-Z	Bellevue, Newcastle, Mercer Island	 ID and Social security cards for all family members over 6 months old or Birth Certificate Proof of income Financial help Information & referral Family Development/Case Management Program
	Bellevue, Newcastle, Mercer Island		

Food Bank	Regular Distribution Days/Hours of Operation/Geographic Area Served	Commodities Distribution Days/Hours Of Operation/Geographic Area Served	Other Services/Requirements
Hopelink Kirkland Northshore 11011 120 th Ave NE Kirkland, WA 98033 Mailing Address: P.O. Box 3577 Kirkland, WA 98033 Center Mgr. Teresa Andrade Phone: (425) 889-7880 Fax: (425) 889-7881	Monday & Wednesday 10:00 a.m. – 4:00 p.m. Tuesday & Thursday 12noon 6:30 p.m. Kirkland: 98033, 98034 Bothell: 98011 98012, 98021 Kenmore: 98028, Woodenville: 98072, 98077 Bus Routes #230, #231, #234, #251, #254, #255, #275, #931	Same hours of the food bank Kirkland: 98033, 98034, Bothell: 98011 98012, 98021 Kenmore: 98028, Woodinville: 98072, 98077	 Call for an appointment and to register Current bill or other proof of Kirkland, Bothell, Kenmore Woodinville residency Proof of income Social Security cards for all household members Picture I.D.
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Hopelink Redmond Food Bank 16225 N.E. 87th Street Suite A-1 Redmond, WA 98052 Coordinator: Scott Milne Phone: (425) 882-0241 Fax: (425) 869-6035	1 st & 3 rd Wednesday of each month - Evening 5:30 p.m. – 7:30 p.m. Thursday 10:30 – 12:30 a.m. Redmond residents: 98052,98053, 98073 Bus Routes #230, #232, #249, #250, #251, #253, #254, #263	Wednesday & Thursday	 Picture ID Social security cards for all household members Income & address verification, i.e., current utility bill Emergency shelter LIHEAP energy assistance Transportation program Transitional housing Emergency financial assistance. Must live in Redmond

Food Bank	Regular Distribution Days/Hours of Operation/Geographic Area	Commodities Distribution Days/Hours Of Operation/Geographic Area	Other Services/Requirements
	Served	Served	
Hopelink Shoreline Emergency Service Center 15809 Westminster Way North Shoreline, WA 98133 Coordinator: Megan Sheridan Phone: (206) 440-7300	1 st and 3 rd Tuesday 10:30 a.m. – 12:30 p.m. 2 nd and 4 th Tuesday 5:30 p.m. – 6:45 p.m. 2 nd and 4 th Wednesday 10:30 a.m. – 12:30 p.m. 98133, 98177 (north of 145 th Street) all of 98155 Bus Routes #358	During regular food bank for all clients	 Sign up for food bank is by appointment. Proof of area residency (current utility bill, etc.) I.D. Proof of income, Social Security Card, SSI, or similar income award letter Programs available: Energy Assistance; Financial Assistance; Adult Education; Family Development
Hopelink Sno-Valley 31957 E. Commercial St. Carnation, WA 98014 Mailing Address: P.O. Box 485 Carnation, WA 98014 Food BankCoordinator: Tina Hendricksen Phone: (425) 333-4163 Fax: (425) 333-4608	Emergency Services Monday - Friday 8:30 a.m. – 5:00 p.m. Food Bank Thursday Noon - 1:30 p.m. Evening Food Bank Second & Fourth Wednesday 5:30pm - 6:45 p.m. Snoqualmie, Fall City, Duvall, Carnation; Preston, zip code 98050; and North Bend Bus Routes #922, #929		 Must call to make an appointment for financial services Clothing bank Energy, rental assistance, employment program is held in Bellevue Hot meal Thursdays, Noon - 1:00 p.m. and last Wednesdays of the month 5:30 p.m-7:00pm during food bank distribution For services call for required documentation. Sno-Valley is also the extinsion service provider for Salvation Army for Fall City, Carnation, Duvall, and Preston

Food Bank	Regular Distribution Days/Hours of Operation/Geographic Area Served	Commodities Distribution Days/Hours Of Operation/Geographic Area Served	Other Services/Requirements
Issaquah Food Bank 179 First Avenue S.E. Issaquah, WA 98027 Mailing Address P.O. Box 652 Issaquah, WA 98027 Coordinator: Cherie Meier Phone: (425) 392-4123 Fax: (425) 392-5836	Disabled/Students First & Third Tuesday 5:00 - 7:00 p.m. General Public Tues., Wed. & Thurs. 10:00 a.m 1:00 p.m. 98027, 98029, 98059 Bus Route #200	Tues., Wed. & Thurs. 10:00 a.m 1:00 p.m. 98027, 98029, 98059	 Call first Utility bill & picture I.D. Clothing bank serves Issaquah, Carnation, Fall City, Maple Valley & Renton (98059)
Kent Food Bank and Emergency Services 515 West Harrison Street, Suite 107 Kent, WA 98032 Coordinator: Jeniece Choate Phone: (253) 520-3550	Monday, Tuesday, Wednesday & Friday 10:00 a.m 2:00 p.m. 2 nd Wednesday 5:00 – 6:00 p.m. Kent School District Bus Routes #150, #153, #164, #166, #168, #169, #914, #916	Commodities distributed same time as food bank Kent School District	 Proof of address within last 30 days (medical coupon, utility bill) Clothing Bank - Mon., Tues, Wed, Fri 10:00 a.m. – 12: 30 p.m. Emergency financial assistance with proof of need (ex: shut-off notice or eviction notice)
Kent Food Bank Annex @ Springwood 12961 SE 275 th St. Kent, WA 98030 Coordinator: Jeniece Choate Phone: (253) 520-3550	Thursday 10:00 a.m. – 1:00 p.m. Kent School District	Same as food bank distribution Kent School District	Current proof of address

Food Bank	Regular Distribution Days/Hours of Operation/Geographic Area Served	Commodities Distribution Days/Hours Of Operation/Geographic Area Served	Other Services/Requirements
Lynnwood Food Bank 5326 176th St. S.W. Lynnwood, WA 98037 Director: Margaret Amarock Phone: (425) 745-1635	Wedensday: Open 2:00pm – 2:30pm for those needing assistance going through line. Regular Clients: 2:30pm – 6:30pm Services Lynnwood residents. Persons out of the area are served and referred to closer food bank. Bus Routes #110, #418, #401, #403, #620, #621		Proof of residency – address and utility bill (current)
Maple Valley Food Bank and Emergency Services 21415 Maple Valley Highway Maple Valley, WA 98038 Mailing Address: P.O. Box 322 Maple Valley, WA 98038 Coordinator: Lila Henderson Phone: (425) 432-8139 Fax: (425) 432-7932 E-mail: lila@fbeshelp.org	Monday, Wednesday & Thursday 10:30 a.m 1:00 p.m. 2nd Thursday evening of the month 5:30pm - 7:00 p.m. Tahoma School District boundaries City of Covington, Maple Valley, Hobart, Ravensdale and parts of Black Diamond Bus Route #143	Monday, Wednesday & Thursday 10:30 a.m 1:00 p.m. Second Thursday 5:30pm - 7:00 p.m. Tahoma School District boundaries City of Covington and parts of Black Diamond	Current proof of address & photo I.D.
Mount Si Helping Hand Food Bank 122 East 3 rd Street North Bend, WA 98045 Coordinator: Greg Schatzlein Phone: (425) 888-0096	Wednesday 9:30 a.m 6:30 p.m. North Bend, Snoqualmie, Fall City, and Preston: 98024, 98045, 98065 Bus Route #214		 Number & ages of family members; proof of address I.D. not required Call (425)888-0096 for emergencies

Food Bank	Regular Distribution Days/Hours of Operation/Geographic Area Served	Commodities Distribution Days/Hours Of Operation/Geographic Area Served	Other Services/Requirements
Concern for Neighbors 4700 228th S.W. Mountlake Terrace, WA 98043 Coordinator: Dolores Sternola	Tuesday everybody 9:30 - 11:30 a.m. Bus Routes #418, #401, #403, #140		Proof of address, I.D.
Phone: (425) 778-7227 Muckleshoot Food Bank North of Muckleshoot Tribal School 39015 – 172 nd Avenue S.E. Auburn, WA 98092 Coordinator: Mr. Lynn LaRoque Phone: (253) 833-8541 Fax: (253) 833-5133	Monday 2:00 - 4:30 p.m. Wednesday & Friday 10:00 a.m Noon 1:00 - 3:00 p.m. Rural area between Auburn and Enumclaw Bus Routes #915, 195	First week of each month (call first) for actual day.	 Proof of address; picture ID Clothing Bank Emergency services i.e., rental assistance, utility assistance, bus tokens
Renewal Food Bank World Impact Network MA: 12819 S.E. 38 th Street PMB #53 Bellevue, WA 98006-1395 Food Bank Address: 2015 Richards Road Bellevue, WA 98005 Director: Rich Bowen Phone: (425) 643-8246 Fax: (425) 643-8473	Monday & Wednesday 9:00 a.m. – Noon Monday – 4:30pm – 6:30pm		One visit per week

Food Bank	Regular Distribution Days/Hours of Operation/Geographic Area Served	Commodities Distribution Days/Hours Of Operation/Geographic Area Served	Other Services/Requirements
The Salvation Army 206 SO. Tobin Renton, WA 98057 Coordinator: Amecca Akram Phone: (425) 255-5969 Fax: (425) 204-8963	Monday through Friday 8:30 a.m 11:45am and then 12:30 – 3:45pm Renton/Fairwood: 98055, 98056, 98057, 98058, 98059 Skyway: 98178 Bus Route #101	Commodities given during the same ours as our business hours.office No specific day. Zip Codes: 98055, 98056, 98057, 98058 (partial), and 98059 (partial), 98178	 Baby Cupboard Utility or phone bill showing address, photo I.D., Social Security card for all household members 4-month Food voucher issued to all clients who have used food bank 6 months or longer. Bus tickets (only when available proof of medical appoint.) Rent assistance (once a month) Emergency housing assistance
Tukwila Pantry At the Riverton Park United Methodist Church 3118 South 140 th (on Military Rd and 140 th) Tukwila, WA 98168 Coordinator: Joe Tice Phone: (206) 431-8293 E-mail: j040959@msn.com	Monday and Wednesday 1:30. – 3:45 p.m. Saturday 12:30pm – 2:30pm Closed on all federally recognized holidays Tukwila, Sea-Tac, Burien and Boulevard Park areas Bus route #128	Commodities given same day as food bank hrs.	 Bring picture ID and current utility bill for proof of address Meal Program: Tuesday's Table, 5:30pm – 6:15 p.m.

Food Bank	Regular Distribution Days/Hours of	<u>Commodities Distribution</u> Days/Hours Of	Other Services/Requirements
	Operation/Geographic Area	Operation/Geographic Area	Ser vices/requirements
	Served	Served	
Vashon/Maury Community Food	Wednesday	Third Wednesday 11:00 a.m. – 1:00 p.m.	Home delivery where needed
Bank	11:00 a.m. – 1:00 p.m. and 5:00 – 7:00	and 5:00 – 7:00 p.m.	Wednesday mornings
10030 SW 210th St. #4	p.m.		
Vashon, WA 98070		Vashon/Maury Island residents	
(next to Health Clinic)	Vashon/Maury Island residents		
Mailing Address: P.O. Box 1205 Vashon, WA 98070 Coordinator: Yvonne Pitrof	Bus Routes #118, #119		
Phone: (206) 463-6332 Fax: (206) 463-5513			

Food Bank	Regular Distribution	Commodities Distribution	Other
	Days/Hours of	Days/Hours Of	Services/Requirements
	Operation/Geographic Area	Operation/Geographic Area	
	Served	Served	
White Center Food Bank	Monday, Wednesday & Friday	Monday, Wednesday, Thurs, & Friday	Proof of address, I.D., and
10829 8 th Ave SW	11:00 am – 1:00pm	11:00 am – 1:00pm	birthdates for each household
Seattle, WA 98146	nd th	and a oth and	member
	2 nd 4 th Wednesday	2 nd & 4 th Wednesday	Wheelchair accessible
Next to White Center Public Health	6:00pm – 8:00 pm.	6:00pm – 8:00 pm	building & parking
Coordinator: Audrey Zemke	3 rd Saturday	3 rd Saturday	
Phone: (206) 762-2848 (messages)	11:00am – 1:00pm	11am – 1:pm	
	Thursday 11:00am – 1:pm (senior citizens 60 and over)		
	Boundaries: N - 7000 block to Myrtle; S - S.W. 140th; W - Puget Sound; E - to State Highway 509		
	Bus Route #128		

Other Important Emergency Food Service Information

Agency/Program	Services/Assistance Provided	
CITY OF SEATTLE HUMAN SERVICES DEPARTMENT EMERGENCY FOOD PROGRAMS 700 5 th Avenue Suite 5800 PO Box 34215 Seattle, WA 98124-4215 Fe E. Arreola, (206) 684-0281 Edwin Obras (206) 684-0419 E-mail: fe.arreola@seattle.gov edwin.obras@seattle.gov http://www.cityofseattle.net/humanservices	Manages contracts for emergency food programs receiving City funds. Provide training and technical assistance to emergency food program subcontractors and provide additional resources to agencies and the general public. Works with local, regional, state and federal organizations that focus on anti-hunger and nutrition policies and initiatives. Participate on projects related to Homelessness Intervention and Block Grant Administration Division initiatives.	
COMMUNITY INFORMATION LINE 2-1-1; (206) 461-3200 (After 6:00 p.m. & on weekends, call the Crisis Clinic, (206) 461-3222) Toll free #: 1-800-621-4636	Makes referrals to food banks, meal programs and other emergency assistance programs throughout King County.	
EMERGENCY FOOD NETWORK 3318 92 nd St S Tacoma, WA 98499-3543 (253) 584-1040	Distributes food to food banks and emergency meal programs. Provides referrals to food banks in Pierce County.	
EVERGREEN GLEANING ASSOCIATION (425) 377-9791	Harvests and hauls backyard and farm produce from private residences.	
FAMILY ASSISTANCE PROGRAM 1501 N. 45 th Street/P.O. Box 31151 Seattle WA 98103 Welfare Advocacy Client Intake: (206) 694-6742	Provides advice, referral and representation for DSHS benefits cases including denials, terminations, reductions and overpayments. The DSHS benefit programs include food stamps, Temporary Assistance to Needy Families (TANF) and General Assistance-Unemployable (GA-U). Provides outreach and education to clients at food banks, shelters, and other programs. Provides training to program staff regarding benefits.	
FOOD LIFELINE 1702 N.E. 150th, Shoreline, WA 98155 Tiffani Kaech (206) 545-6600 Ext. 3660	Distributes more than 18 million pounds of food and non-food grocery products to hungry families and individuals through 250+ partner agencies in 17 counties of western Washington, including commodity and other government food programs. Member, America's Second Harvest national food bank network.	
FOOD RESOURCES/SOLID GROUND 1501 North 45 th Street Seattle, WA 98103 General Information/Referral (206) 694-6756 E-mail: foodresources@solid-ground.org	Provides referrals to food banks and meal programs, staffing to Seattle Food Committee, assistance with State funding paperwork, monthly food community activity calendar, data collection, facilitate and coordinate the delivery of food to member food banks; Baby Boost workshops; Food Security for Children Project; and Lettuce Link Project.	

Agency/Program	Services/Assistance Provided
HOPELINK 18220 96th N.E. Bothell, WA 98011 (425) 485-6521	Provides emergency food, transportation (for elderly/handicapped), and other social services, i.e., financial assistance for utilities and rental concerns. 98133 and 98177 (North of 145 th Street) and all of 98155.
NORTH HELPLINE P.O. Box 25875 Seattle, WA 98125 (206) 365-8043	Assists local individuals and families in financial difficulties. North Helpline offers information and referrals to appropriate resources, emergency food, funds to prevent evictions and utility shut offs, client advocacy, and other emergency assistance. Service area includes zip codes 98125, 98133, 98155, 98177.
NORTHWEST HARVEST 711 Cherry Street/P.O. Box 12272 Seattle, WA 98102 Offices: (206) 625-0755/Warehouse: (206) 285-0237 Steve Bauck: steveb@northwestharvest.org	Distributes food to emergency food programs throughout Washington state. See food bank listing under "Cherry Street Food Bank" for description of food bank services/hours.
SEATTLE MILK FUND 1130 North Northgate Way Seattle, WA 98133 smf@lightmail.com (206) 526-7944; School Year office hours: M-Th: 9:00 a.mNoon and 1:00 - 4:00 p.m. Summer: M-W: 9:00 a.m 1:00 p.m.	Provides Safeway food vouchers; Payless shoe vouchers for children in Seattle. Clients must be referred by social service agency or Family Support Worker in schools. Forms available electronically: smf@lightmail.com
SNOHOMISH COUNTY COMMUNITY INFORMATION LINE (425) 258-4227	Provides referrals to food banks in Snohomish County.
SOUTH KING COUNTY MULTI-SERVICE CENTER 1200 South 336th Federal Way, WA 98003 (253) 838-6810	Provides emergency food and other social services.
WASHINGTON BASIC FOOD PROGRAM (Region IV/King County) 1-877-644-FOOD (3663)	Informs potential recipients about benefits and requirements of the program and assist individuals through the application process. Call for closest site/educator.
WIC (WOMAN, INFANT & CHILDREN'S SUPPLEMENTAL FOOD PROGRAM) (206) 296-4786	Provides vouchers to purchase nutritious foods for pregnant/breast feeding women, infants, and young children up to age five.